

Patient: \_\_\_\_\_

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Referring MD: \_\_\_\_\_

Primary Doctor, if different: \_\_\_\_\_ SEX: Male Female

Reason for exam: \_\_\_\_\_

List all medications you are currently taking: including over the counter and herbals : \_\_\_\_\_

Race: African American Asian Caucasian Hispanic Height: \_\_\_\_ ft. \_\_\_\_ in. Weight: \_\_\_\_\_ lbs.

Have been diagnosed and treated for osteoporosis?	Y	N	Have you ever been diagnosed with Anorexia/Bulimia?	Y	N
Have you ever been diagnosed with secondary osteoporosis?	Y	N	Do you do weight bearing exercises regularly?	Y	N
Do you smoke tobacco?	Y	N	Have you ever taken prednisone or any Glucocorticoid for more than 3 months?	Y	N
Do you drink more than 3 alcohol units per day?	Y	N	Have you ever taken estrogen, progesterone, or HRT? If yes, for how long: _____	Y	N
Do you drink caffeinated beverages regularly?	Y	N	Have you been diagnosed with a thyroid disorder?	Y	N
Is your diet low in dairy products and other sources of calcium?	Y	N	Have you been diagnosed with hyperparathyroidism?	Y	N
Do you take calcium supplements and/or Vitamin D? If yes, how many Mgs? _____	Y	N	Do you take thyroid medications regularly?	Y	N
Are you post-menopausal? (post-menopausal means you have not had a period in one full year) Date of last period: _____ Age of first period: _____	Y	N	Have you ever been diagnosed with seizure/convulsion disorders?	Y	N
Have you ever missed a period for more than 6 months? (Not including menopause/pregnancy)	Y	N	Do you take a convulsion or anti-seizure medications?	Y	N
Have you had a hysterectomy?	Y	N	Have you ever been diagnosed with an inflammatory bowel disease?	Y	N
Do you still have your ovaries?	Y	N	Have you been diagnosed with rheumatoid arthritis?	Y	N
Have you ever fractured or had surgery of your hip(s)?	Y	N	Have you ever been diagnosed with end stage renal disease?	Y	N
Have you ever fractured or had surgery of your spine?	Y	N	Have you ever been diagnosed with any type of cancer? Type: _____	Y	N
Have you ever fractured or had surgery of your wrist(s)?	Y	N	Have you ever been diagnosed with asthma or emphysema?	Y	N
Have you had other fractures not from trauma since age 40?	Y	N	Have you ever had a Bone Density test before? If yes, list date and location:	Y	N
Have either parent ever fractured a hip?	Y	N	Have you had any nuclear medicine or Barium x-rays in the past 72 hours?	Y	N
Number of full term pregnancies? _____			What is the tallest height you have ever been? _____		

## BMD Totals (for technologist's use only)

Indication/History: \_\_\_\_\_

Patient BMI \_\_\_\_\_

	Today's Date: _____		Prior Date: _____	
	BMD (g/cm <sup>2</sup> )	T-Score	BMD (g/cm <sup>2</sup> )	T-Score
<b>L1 – L4</b>				
<b>RT NECK</b>				
<b>Total RT</b>				
<b>LT NECK</b>				
<b>Total LT</b>				

### FRAX Assessment

Major Osteoporotic Fracture: \_\_\_\_\_%

Hip Fracture: \_\_\_\_\_%

Technologist's Signature: \_\_\_\_\_